

Tuesdays @ 1pm Physio clinic	Friday @ 1pm Ask me anything	Sunday @ 7pm Check in
11 November	5 December	23 November
25 November	30 January	11 January
9 December	13 February	22 February
6 January	13 March	22 March
20 January	24 April	5 April
3 February		
17 February		
3 March		
17 March		
31 March & 14 April		