Dear [insert name],

I am currently completing my Duke of Edinburgh’s [insert level] award and I am volunteering with the disability charity, Leonard Cheshire, which supports individuals to live, learn and work as independently as they choose.

[Use this for schools and youth groups]

Leonard Cheshire has speakers available to talk about disability equality. The sessions are interactive and make use of games and activities. They also have some speakers who can offer remote speaker sessions. Speaker sessions are free and can be tailored to suit your group and interests. You can request a speaker [here](mailto:here) or email [speakers@leonardcheshire.org](mailto:speakers@leonardcheshire.org), or call 077203 37130.

They also have games and activities that introduce inclusion and disability equality [here](https://www.leonardcheshire.org/what-we-do/employers-and-education-providers/schools-and-groups).

[Use this for community groups]

Leonard Cheshire has speakers available to speak to your group about the history of the charity and current work including their UK and international operations. They also have some speakers who can offer remote speaker sessions. Speaker sessions are free and can be tailored to suit your group and interests. You can request a speaker [here](mailto:here) or email [speakers@leonardcheshire.org](mailto:speakers@leonardcheshire.org), or call 077203 37130.