

**The Social Bean is
a social enterprise
coffee shop providing
work and
experience
to disabled
people who
may otherwise
miss out on
employment.**

S O C I A L
B E A N

Breakfast

(served until 11am)



Hot breakfasts

Cheddar cheese (V) £2.50
on white or granary toast

Scrambled eggs £3.25
on white or granary toast

**Smoked salmon
and scrambled eggs** £5.25
on white or granary toast

Smashed avocado £5
with feta, fresh tomato salsa
and sweet chilli dressing
on white or granary toast

Ciabatta £2.95
with crispy bacon or sausage
patty

Bagel £5.25
with smoked salmon and
cream cheese

**Blueberry and banana
pancakes** £3.25

add chilli beans, crispy bacon or
sausage patty £1.50

Granola (V) £3.50

with fruit, yoghurt, mixed nuts and seeds

Toast

White or granary toast £1.95

Toasted fruit loaf £2

At the Social Bean, we prepare our food fresh daily.
Once it's gone, it's gone!

(V): Vegan option available

The Social Bean, 12 St. Mary's Square, Swansea, SA1 3LG

Lunch

(served from 11.30am)



Social Bean salad bowl

Including mixed leaves, tomato, red onion, carrot and mixed peppers

Choose a base

Rice
Pasta
Sweet potato wedges

Pick a protein

Chargrilled chicken
Marinated tofu
Tuna
Salmon **+£1**

Select healthy sides *

Broccoli
Avocado
Hummus
Red cabbage & apple
Butterbean, red pepper and onion

Add an extra

Roast vegetables **80p**
Chargrilled chicken **£1**
Marinated tofu **£1**
Beetroot **50p**
Feta **50p**

*Small: 1 healthy side **£4.80** // *Large: 3 healthy sides **£6.80**

Jacket Potatoes

served with a salad garnish

Tuna	£5.75	Cheese (V)	£5.50
Ham and cheese	£5.75	Hummus (V)	£5.50
Chilli beans and cheese (V)	£5.75	Coleslaw (V)	£5.50

add an extra topping **£1**

Ciabattas

served with salad garnish

Super stacked double veggie burger (V)	£5.50	Yummy scrummy double nut burger (V)	£5.50
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Toasties

Ham and cheese	£3.95	Cheese and onion (v)	£3.95
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Paninis

served with a salad garnish

Tuna melt	£4.50	Chilli beans and cheese (V)	£5.50
Fish finger	£4.25	Roast vegetable and hummus (V)	£4.25
Chicken and bacon	£4.50	Avocado, mozzarella & bacon	£4.50
Chicken, bacon and avocado	£5.50	BBQ Jackfruit, cheese and slaw (V)	£4.25

Wood fired pizza slice (V) £3.50

served with a salad garnish
add ham or tuna £1



Crispy potato wedges (V) £2.25

add cheese £1



Drinks

Hot Drinks

Americano	£2
Latte	£2.30
Cappuccino	£2.30
Espresso (single/double)	£1.45/£1.80
Flat white	£2.45
Tea	£1.75
Fruit Tea	£2.50

Social Bean special drinks

Hot chocolate	£2.90
Special latte	£2.80
Sunshine tea	£2.80
Emerald tea	£2.80
Warm apple blush	£2.80
Remedy tea	£3.20

Iced Drinks

Iced americano	£2.45
Iced cappuccino	£2.50
Iced latte	£2.50
Iced cucumber, mint and green tea	£2.75
Iced peach tea	£2.75

Indulgent Frappes

Chocolate	£3.45
Black Forest gâteau	£3.65
Honeycomb burst	£3.65
Black coffee	£2.75