

Lesson Session Plan

Can be used as a resource for
KS3, KS4 and KS5 Students

Proposed 1 hour session



Learning Objectives

- To know about United Nations International Day of Persons with Disabilities on 3 December
- To describe the social model of disability
- To use positive language around disability
- To understand the work of Leonard Cheshire

Resources

- Film – Rebecca's story
- PowerPoint – Includes slides on all of the themes below
- PDF – About Leonard Cheshire
- Pledge cards – #ADayWithout

Topic	Session design	Purpose
A Day Without	<p>Today we have asked you to go A Day Without something.</p> <p>Turn to the person next to you and ask them:</p> <ul style="list-style-type: none">- What have you decided to give up today and why? <p>Feedback to the whole classroom.</p>	<ul style="list-style-type: none">- To share their own experience of going without and hear from others.
Show film	<p>December 3 is United Nation's (UN) designated day for the International Day of Persons with Disabilities.</p> <p>You will see a film about Rebecca, a young person in Zambia living with a disability, who wants to tell you about something she goes without on a regular basis.</p> <p>Reflect:</p> <ul style="list-style-type: none">- How did watching Rebecca's film make you feel?- Do you think differently about going without today now you have seen Rebecca's film?	<ul style="list-style-type: none">- To understand about UN International Day of Persons with Disabilities.- To reflect on one student's experience of living with a disability in Zambia.
Ways we look at disability	<p>Rebecca is just one of many disabled people around the world who face challenges that most people take for granted.</p> <p>Let's think about the way we used to look at disability and how this has changed over time.</p>	<ul style="list-style-type: none">- To build understanding of disability.

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Positive language around disability	Let's look at how language affects the way we look at disability.	- To create discussion and confidence when talking about disability.
Leonard Cheshire and next steps	<p>Thank you for going A Day Without today. In doing so you are supporting the work of Leonard Cheshire.</p> <p>Next steps – ask your class to:</p> <ul style="list-style-type: none"> - Write your pledge! – Write your pledge card and tell your friends. - Make your pledge public – Post on social media. - Visit Leonard Cheshire's website – Learn more about Leonard Cheshire's international work. 	<ul style="list-style-type: none"> - To build understanding of how Leonard Cheshire engages young people with disabilities. - To gain maximum visibility of the pupil's pledges.