

**Change
100**

Alex
Investment Intern
Open Society Foundations

Kickstart your career

We're looking for talented students and graduates with disabilities or long-term health conditions. If that's you, join Change 100 and unlock your potential.

**Leonard
Cheshire**



Hello

We are Leonard Cheshire – supporting individuals to live, learn and work as independently as they choose, whatever their ability. Led by people with experience of disability, we are at the heart of local life – opening doors to opportunity, choice and support in communities around the globe.

What is Change 100?

Change 100 is our programme of paid summer work placements, development and mentoring. It's designed to support the career development of talented university students and recent graduates with any disability or long-term health condition, such as:

- Physical disabilities
- Sensory disabilities
- Mental health conditions
- Learning disabilities or difficulties eg dyslexia, dyspraxia, ADHD
- Other long-term health conditions eg diabetes, MS

If you are unsure about your eligibility, please contact us at change100applications@leonardcheshire.org



Who is Change 100 for?

To apply to Change 100, you must meet all the following criteria:

- Have a disability or long-term health condition as defined in the Equality Act 2010
- Be in your penultimate or final year of an undergraduate or postgraduate university degree, or have graduated in 2018 or 2019. Any degree subject accepted
- Have achieved or be predicted a 2:1 or 1st in your undergraduate degree*
- Be eligible to work in the UK for the duration of a summer work placement
- Be available to attend an assessment centre in person in January or February

*If your academic performance has been affected by mitigating circumstances related to your disability or health condition, these will be taken into account. Please get in touch to discuss this.



Change 100 employers

We've partnered with organisations who believe disability isn't a barrier to a brilliant career.

The employers we work with appreciate the value that talented disabled students and recent graduates can bring to their organisations.

They recognise the importance of the skills and behaviours Change 100 interns demonstrate, such as resilience,

problem-solving, embracing challenges and self-awareness.

Change 100 interns have already made their mark with over 160 leading employers.

We are always establishing new partnerships with a broad range of prestigious organisations to offer placement opportunities. These include corporate employers of varying sizes and industries, public and third sector organisations.

Some of our supporting partners

ASOS

AutoTrader

BARCLAYS

BBC STUDIOS

Bevan Brittan 

 COMMUNITY FUND



enterprise

Heathrow


Intellectual
Property
Office

NHS
Central and
North West London
NHS Foundation Trust

supported by

 Nottinghamshire
County Council

NPC 
New Philanthropy Capital

origin  HOUSING

**ROYAL BERKSHIRE
FIRE AND RESCUE SERVICE**
Enabling people to lead safe and fulfilling lives

SKANSKA

Taylor
Wimpey

THE
NATIONAL
GALLERY

US
UNIVERSITY
OF SUSSEX


WALES AUDIT OFFICE
SWYDDFA ARCHWILIO CYMRU


wall to wall television

WRIGHT
HASSALL


ZURICH

Support and professional development

Once you are offered a placement, we will work with both you and your employer to make sure that they understand your disability and any adjustments you need.

During your internship, you'll be supported by your peers, a mentor at your organisation and the Change 100 team. This support doesn't stop at the end of your placement – we'll continue to support you throughout the development programme.

“ I feel supported by my employer; they've been very understanding. I have a great manager. I had a doctor's appointment and she was very flexible and made sure I put my health first. I have a good network here too. ”

Anthony,
Consultancy Intern, CGI

The Change 100 development programme

Our development programme combines group work with self-directed learning, and is informed by your specific personal development goals. Topics include goal setting, networking, making the most of mentoring, managing your disability in the workplace and disclosure.

By combining a high level of support with a high level of challenge, the development aspect of Change 100 helps ensure that you get the most from your time on the programme and positions you well for your next career move. We will hold an induction event in early June before placements begin, followed by monthly professional development sessions until December 2020.



The Change 100 selection process

Application form

You will need to complete an online application between 24 September 2019 and 8 January 2020. Alternatively, you can submit your application in writing or as a video, responding to the same questions listed in the application form.

If you need any assistance with your application, or would like the application form in another format, please contact: change100applications@leonardcheshire.org or call: 020 3242 0299.

Please go to: leonardcheshire.org/Change100 to start your application by selecting 'apply now'.

Our assessment centres

Our assessment centres are designed to bring out the best in candidates and to ensure fairness and equality of opportunity.

Our application process does not include psychometric testing at any stage.

We will liaise with you ahead of the assessment centre to determine any adjustments that are necessary to ensure that you can perform to the best of your abilities.

Representatives from the Change 100 team will be present to support you and will assess your strengths and development areas, in collaboration with host employers.



Rumana
Intern Officer
Epping Forest
District Council

Candidate matching

If you are successful through our recruitment process then we will look to match you with one of our employer partners based on your interests and location. We encourage you to be open minded about where you are placed as all our roles provide the opportunity for personal development.

Candidates should note that being successful through our recruitment process does not guarantee employment. We will work to match you to a role that is a good fit for your interests but you may be offered a role that you hadn't previously considered.

Once a match has been agreed you will receive an offer of employment from your host organisation.

Person specification

Qualifications:

A predicted or obtained 2:1 or 1st in any university degree.*

Experience:

There is no essential knowledge or experience required.

Personal attributes:

- Creative problem-solver
- Effective contributor to a team
- Good organisational skills
- Open to taking initiative
- Resilient
- Committed to self-development
- Open to self-reflection

Other:

- You must have a disability or long-term health condition as defined in the Equality Act 2010.
- You must be eligible to work in the UK for the duration of a summer placement. If you are an international student, please refer to the terms of your visa agreement.

*If your academic performance has been affected by mitigating circumstances related to your disability or health condition, these will be taken into account. Please state this clearly where indicated on the application form.

“ This has been physical proof that me and a job can be compatible. It’s really dispelled the myth of being incapable that I had about myself. Change 100 has definitely changed my outlook – in fact, it’s completely reversed it. My mindset used to be a ‘no’ but now it’s been a huge shift to a ‘yes!’ ”

Matt, Social Impact Intern,
Exceptional Individuals

Job description

Duration:

Up to three months. Most roles are full-time but part-time is an option if required as a reasonable adjustment.

Location:

Various locations, UK-wide.

Hours:

Normal office hours are likely to be 9am–5pm.

Accommodation:

It is your responsibility to secure accommodation for the duration of your placement.

Salary:

Will meet or exceed the Living Wage Foundation recommended hourly rate www.livingwage.org.uk.

During your placement you will be employed directly by your host organisation.

Placement areas:

Your role will vary depending on the nature of the placement you are undertaking.

We will be offering fantastic roles in a wide range of areas, such as:

- Accountancy
- CEO support
- Customer services
- Data analysis
- Engineering
- Finance
- Fundraising and business development
- Human resources
- IT
- Marketing
- Project management
- Public relations and public affairs
- Software development

Responsibilities:

You will play a key role in interesting projects and will have the support of your manager and colleagues along the way.

Typical responsibilities might include a combination of participating in meetings, research, writing reports, creating presentations, handling project work and general admin. This will vary depending on your role and host employer.

Chloe
IT Sourcing and Procurement Intern
Anglo American



What Change 100 can offer you

- An inclusive recruitment process – designed to let you shine
- Valuable, paid experience with a prestigious employer, accelerating your career prospects
- Confidence in disclosing your disability
- Support in identifying and requesting disability-related adjustments
- A dedicated mentoring and professional development programme
- A peer group of fellow Change 100 interns
- Opportunities to expand your network

Key dates

24 Sept 2019

Applications open

8 Jan 2020

Applications close

Jan-Feb 2020

Shortlisting of candidates and assessment centres

Mar-May 2020

Matching candidates to placements

Jun 2020

Induction and start of placements

Jun-Sept 2020

Placement period and monthly professional development events

Sept-Dec 2020

Continuation of professional development programme with graduation event in December

Apply now

leonardcheshire.org/change100

Deadline: 8 January 2020

#Change100

Leonard Cheshire Disability is a registered charity no: 218186 (England & Wales) and no: SC005117 (Scotland), and a company limited by guarantee registered in England no: 552847. VAT no: 899 3223 75. Registered office: 66 South Lambeth Road, London SW8 1RL.

Finalists for the National Undergraduate Employability Awards 2018 - Best Disability Initiative in Work Experience